

Welcome Home

TO YOUR NEW HOME

Fall 2019

Denver

HELPING YOU SETTLE IN AFTER YOUR MOVE

NEWCOMER AND COMMUNITY

Information

HELPFUL TIPS

*Decorating,
Remodeling,
Painting and
Organizing
Your New
Home*



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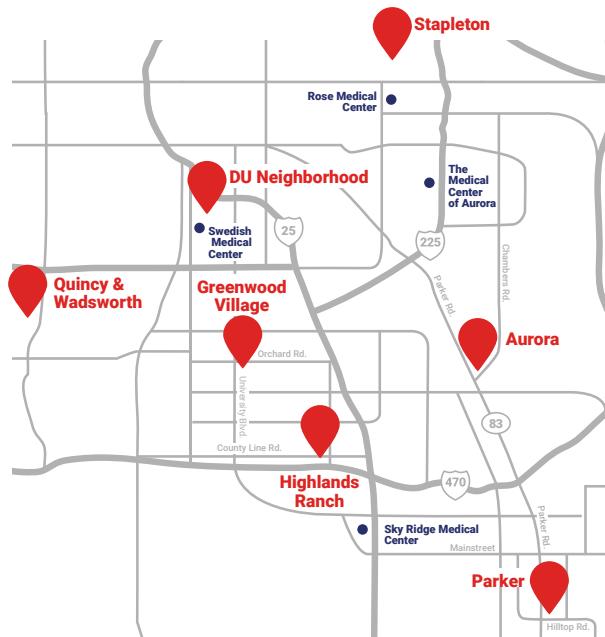
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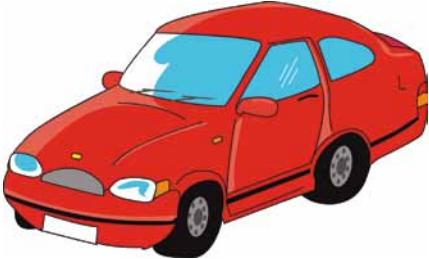


After The Move Checklist



Things to do when the movers leave

Now that the movers have come and gone, you can congratulate yourself on a job well done. You know how much planning and organization went into making it all happen and you deserve a chance to sit and relax. But don't throw away that checklist just yet. There are still plenty of things to do before you can completely be settled. Here are a few important things to do besides unpacking.



✓ You will need to update your driver's license and get new tags and plates for your cars. Check with your local Division of Motor Vehicles for more details, or refer to our Newcomer and Community Information inside this magazine.

✓ Be sure that the post office is going to forward your mail to your new address. You can do this online, or you can fill out a form at your local post office and maybe even meet some new neighbors while standing in line!



✓ Make sure all of your insurance policies are up to date. You may need new policies for your house, auto and health, particularly if you have moved to a new state.

✓ A great way to learn about your new community is to order a subscription to the local newspaper. Many even offer discounts for new subscribers and they often have local neighborhood editions inserted weekly. This is a great way

to learn the ins and outs of your new neighborhood.

✓ Search out new health professionals such as doctors, dentists, and even vets. These are things you will want to have in place before any emergency pops up. Neighbors and co-workers are always a good referral source for these types of services.

✓ Most likely you will need to register to vote. Even if you have just moved from one county to another within the same state, most states will require that you register in your new county. For more information, you can refer to our Newcomer and Community Information inside this magazine.



✓ Make a visit to the neighborhood bank or credit union to set up new accounts, have money transferred, get credit and debit cards, and order those checks with your new address.

✓ Visit your local library and get a library card. The kids can even get their own with their new address on it! The local library is another great place to meet other families in your new neighborhood.

✓ Visit your neighborhood schools and get your children enrolled as soon as possible. You may also want to consider enrolling them in an online or charter school, as most states offer this type of education at no cost because it is a public school. Either way, the sooner you get your children enrolled and involved in the community, the faster they will adapt to their new environment.

✓ Find a place in your new home to keep all your receipts and documents related to your move all in one file. You will need to know where everything is in the event you need to make an insurance claim with the movers or when you file your income taxes the next spring.

✓ Keep in mind that your insurance policies may have a limited time that you can file a claim regarding items damaged during your move. You should run a check of all your electronics and major appliances to make sure they have survived the move and are in good working order. These are most likely all items that would be expensive to replace, so you should make sure they are all working as soon as you can.

Remember that moving is the third most stressful life event, according to the Employee Relocation Council. Settling in will be a gradual process, but your patience will be rewarded in the long run.



The quicker you can cross these things off your checklist, the sooner you can begin to relax and truly enjoy your new home and community.



Welcome Home OF DENVER



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Think Green!



As you enjoy the information and advertising offers in Welcome Home of Denver to help with your move, keep in mind we make a concerted effort to bring this to you in an environmentally responsible way.

This starts with the paper we use for this edition. The wood fiber to make the paper comes from sustainable forests. For every tree harvested to make this paper, a new tree is grown. In addition, this has been independently certified to the Forest Stewardship Council (FSC) standard.

The printer we utilize also has many initiatives and programs including certifications with Forest Stewardship Council (FSC) Rainforest Alliance (RAC) and Partnership for a Clean Environment (PACE). What's more, the printer uses soy base inks as well as direct-to-plate imaging and digital proofing, which saves film, chemicals and energy.

We provide just this one copy of the magazine for your use. Please go to our website for future issues at www.welcomehomemag.com. This way you can view future quarterly editions, including advertiser offers and coupons.

We hope you enjoy the magazine and remember to please recycle. Visit www.earth911.com for recycling information.



Welcome Home of Denver



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Will Your Remodeling Project PAY OFF?

There are financial factors to consider before you choose a home improvement project and smart homeowners will consider resale value before making a major remodeling investment. Each year REMODELING magazine publishes a study that can help homeowners determine the return on investment for their home improvement projects.

This Cost vs. Value Report contrasts the cost of home improvements with their recouped value if the house is sold today. They compare construction costs for several projects, with estimates of the projects' value in a current market resale scenario. Real estate professionals in residential markets across the country provided return-on-investment estimates.

Landscaping and fresh paint may lure house hunters inside, but once in the door, buyers of existing homes look for functionality, durability, and convenience. That's why it's so important for a resale to be modernized.

Kitchens and baths are among the most popular home improvement projects, which can drive the return on investment. Reports often show that many remodeling dollars are spent



Reports often show that many remodeling dollars are spent within the first two years of move in.

within the first two years of move in. Under those circumstances repair and replacement projects such as windows or siding may get first attention if they require maintenance. As the housing stock ages, and existing homes continue to sell more than 6 million units a year, those projects may see an increased return on investment. To perform as an amenity, your home's improvement projects should complement and match the style of the existing property.

The resale value of each project is an estimate based on a current market resale scenario. This can be misleading because many newly remodeled homes are not put on the market so soon.

Smart homeowners will ask many questions before starting any remodel or home improvement project. Get advice from both realtors and contractors to decide which home improvement projects make sense for your special circumstances and to insure you get the greatest return on your investment.

Information provided by "Remodeling 2019 Cost vs. Value Report." Complete data from this report can be downloaded free at www.cost-vs-value.com.

HOW DOES REMODELING PAY OFF?

(cost recouped, for resale now national average)



Garage Door Replacement	97.5%
Manufactured Stone Veneer	94.9%
Minor Kitchen Remodel	80.5%
Deck Addition (Wood)	75.6%
Siding Replacement (Vinyl)	75.6%
Entry Door Replacement (Steel)	74.9%
Window Replacement (Vinyl)	73.4%
Window Replacement (Wood)	70.8%
Deck Addition (Composite)	69.1%
Roofing Replacement (Asphalt)	68.2%
Bathroom Remodel	67.2%
Universal Design Bathroom	62.5%
Major Kitchen Remodel	62.1%
Bathroom Addition	60.6%
Master Suite Addition	59.4%
Backyard Patio	55.2%

Love Your New Home, But Hate Your Doors?

What to do about those ugly old doors? Or those new cheap doors that were installed to sell the house?

You could paint your old doors.

Imagine the time to repair, patch, sand, prep and paint each door. Not to mention creating a space and process to paint the average 15-20 doors. Even for professionals, it's a challenge and can take weeks to complete. And when the project is completed, you have paint on the same old tired doors without much return on your investment of time and money.

What about Pre-hung doors?

You could correctly measure, select style and weight, purchase "kit", get "kit" home, unpack "kit". Now remove old trim and jamb without damaging drywall, paint or flooring. Next fit and align the door/jamb, trim/shim to level, securely jamb into door frame, test, adjust and clean up. And on to finish carpentry and the puzzle that is replacing trim and baseboards! Prep, prime and paint. It's a lot of time, effort and money.

Or, replace all your doors in One Day with no construction mess.

"Having a nice house with ugly doors is like having a nice outfit with ugly shoes! We couldn't be happier with the service." — Maggie M. April 2019

Schedule your Free in-home consultation and Showroom visit.

At your home, they will inventory and measure your door sizes to prepare your project scope.

Next, you visit the showroom to design your project – Select styles, colors, weights, materials, hardware and product configurations. They'll explain their unique process, answer questions and provide an estimate.

Your doors are digitally measured!

Here's where the magic starts. A measure technician will use patented digital measurement technology to scan each of your doorways' unique dimensions, recording points with accuracy within 1/1000th of an inch. Like fingerprints, no two door openings are alike. This precision mapping technology ensures a great fit every time.

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Security Tips for New Homeowners

12 Tips to Stay Safe and Protect Your Investment.

1 Change the locks. There is no telling how many people have a key to the locks on your house – no matter what your realtor says. You should also consider installing deadbolt locks or charlie-bars for additional safety.

2 Don't leave moving boxes on the curb. Leaving these items in plain sight will alert burglars that you've just completed a stressful move, and may not be paying close attention to home security.

3 Be careful when disposing of product packaging. You do not want to advertise recent purchases for your new home.

4 Secure your windows. The second most common entrance for burglars is a window. This includes second story windows that may have access from a garage, roof, or a tree with a strong branch.

5 Trim your trees and shrubs. Overgrown landscape can provide access to second floor windows or create hiding places.

6 Do not store ladders or trash cans outside. They can be used to provide easy access to second floor windows or scale fences.

7 Make friends with the neighbors. Forming relationships with your new neighbors can be beneficial in many ways. You can keep an eye on each other's houses during vacations and learn about neighborhood watch programs.

8 Hang sheer curtains, blinds or other window treatments. This will keep people from the outside looking in and checking out any new electronics or valuable items you may have purchased for your new home.

9 Never hide a key outside. Burglars know all of the good hiding places.

10 Upgrade your smoke alarms and carbon monoxide detectors. Start fresh with new batteries and test them to make sure they work.

11 Install security lighting. A bright, well-lit home is a burglar's worst nightmare. Security lighting around your home will deter anyone looking for a place to hide while they break in. Replace burnt out porch lights and install motion lights.

12 Install a home security system. A home security system with professional monitoring will provide your home with a layer of protection that can't be duplicated. According to the Electronic Security Association Inc, homes that don't have alarm systems are three times more likely to be burglarized than those that do. You can also save money on your homeowners' insurance by equipping your home with a security system.

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Yes, You Can Join a Credit Union!

It used to be that a person could only open an account at a credit union because they or a family member was employed by a certain company, or they worked for the government. That has changed because now just about

Here are the top reasons to join a credit union.

5

anyone will find they are eligible to join a credit union.

As you begin to settle into your new community and wade through

the numerous options available, you just may find that credit union membership is the answer to all your financial needs.

Protect Your Finances and Your Home With these Post-Move Steps

Buying a home is the largest purchase most people will ever make. In order to protect your finances and your largest financial investment, there are certain post-move steps you might want to consider.

Review your will or trust

A good post-move step is to review your will or trust to make sure that your home is a part of those documents. You will need to make sure that this paperwork includes your new home and that your beneficiaries are updated.

Purchase or adjust your life insurance policy

Whether you are a first-time homebuyer or have a house with a larger mortgage than before, you may want to purchase or increase your life insurance coverage. One way to determine how much life insurance you might need is to make sure it includes coverage for 10 years of income, plus any large debts like your mortgage.

Drop your PMI (Private Mortgage Insurance)

PMI may have been required if you purchased your home with less than 20 percent down. This is an extra payment every month that protects the mortgage lender if you were ever to stop making payments on your home loan. This is money you will never recoup and becomes an even worse negative if the value of your home ever decreases. To remove PMI,



you must have at least 20% equity in your home. You may ask the lender to cancel PMI when you have paid down the mortgage balance to 80% of your home's original appraised value.

Get a Home Warranty

If you didn't get a home warranty as part of the purchase process, you might want to consider getting one now. This will help protect you from the unexpected costs of a major home repair or replacement of major appliances as well as your home's heating and air conditioning systems. You can still get one after you move in, as long as no issues have presented themselves yet. If you don't purchase a home warranty, you should at least work at building up your emergency savings to cover the costs of an unexpected "surprise" so that you don't end up in a financial bind trying to cover the cost of repairs on your own.

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5. Expertise.

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Check out the credit unions in your community and discover why they rank high in customer satisfaction surveys. Also, check out Westerra Credit Union, page 5.

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Paint manufacturers created PaintCare to provide convenient places to recycle leftover paint, such as paint retail stores. With 174 drop-off locations throughout Colorado, it's easier than ever to finish the job in an environmentally responsible way. Recycling your paint is free, and PaintCare drop-off sites are conveniently located.

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12 Reasons Why Top Quality Paint Is Worth the Money

If you want to change the appearance of your new home's interior, there is no easier way to update your space than with a fresh coat of paint. But, if you're tempted to save a few dollars by trading down to a lower quality interior paint, it's important to know what you're giving up in the process. Here are 12 reasons top quality 100% acrylic latex interior paints are worth the money:

- **Better adhesion.** The superior "binder" in these paints helps them grip any surface.
- **Better hiding capability.** Top quality paints can often conceal the color below in fewer coats, saving the time and money needed to apply additional coats of paint.
- **Better spatter resistance.** These paints are less likely to throw off flecks of paint while you're applying them.
- **Better flow and leveling.** Top quality paints go on evenly; brush and roller marks tend to flow out and become unnoticeable.
- **Better touch-up.** If you have to touch up your paint job at a later date, it won't be noticeable when using a top quality paint.
- **Better stain resistance.** These paints tend to keep dirt and grime from sinking in, making for easy cleaning.
- **Better scrub resistance.** Even if you have to scrub hard to remove a stubborn stain, top quality paint is tough enough to take the scrubbing without damaging the surface of the paint.
- **Better burnish resistance.** Lower quality paints get shiny when they're scrubbed; top quality paints have less of a tendency to do so.
- **Better block resistance.** Ever notice how it's hard to open a window after it's been painted? Top quality paints are less susceptible to sticking.
- **Better print resistance.** Windowsills and other face-up surfaces can be imprinted when objects are placed on them. When painting horizontal surfaces, use of a top quality paint in an eggshell (rather than a glossier) sheen will minimize this problem.

- **Better mildew resistance.** If you don't like mildew, don't compromise on paint quality.
- **Better fade resistance.** You'll probably sweat bullets choosing just the right paint color. Make sure your color lasts by using a fade-resistant top quality 100% acrylic latex interior paint.

For more information and panting tips, visit www.paintquality.com



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Choosing a Gas Log Fireplace

As you sit back and start to think about your new property and what kind of extras might be a good investment as well as adding comfort for your family, you may want to take a look at your fireplace.

If your new house has a fireplace, you need to make sure it is in good working order. Then you may want to consider changing to gas logs or installing a gas insert to update your fireplace. These are popular options

and will increase the property value by more than the amount it will take to add one of them. Both types of units are available for natural gas or propane.

When shopping for Gas Logs or a Gas Insert you will need to have an operable wood burning fireplace. The new gas appliance will be installed into the existing fireplace. Your decision will come down to several factors including looks vs. efficiency. Gas logs are decorative and burn with glass



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doors open. An Insert has a blower to produce heat and is burned with the sealed door closed. The insert is designed to heat the room.

Gas logs have a realistic-looking yellow flame. For this, you will need a chimney that is in good working order so that the carbon monoxide gas is vented to the outside. These logs will simulate a wood-burning fire and are more decorative than the insert.

"These are popular options and will increase the property value by more than the amount it will take to add one of them."

The Gas Insert will not give you that roaring fire effect and the flame will not be as high as you would have with the vented logs. This type of gas log burns with a hot blue flame that is designed with two flue liners. One liner will bring in fresh air; the other liner will exhaust the combustion gases. The insert will be 70% to 80% efficient. The Gas Insert is perfect for a room that needs more heat or has cold air coming down the chimney.

A natural gas pipe must be installed to the fireplace for the new gas appliance and can usually be added to the existing natural gas pipe system in the house. It is important to use a licensed company for this installation.

Consider installing carbon monoxide detectors if the house has any type of gas or wood burning fireplace.



FEATURING



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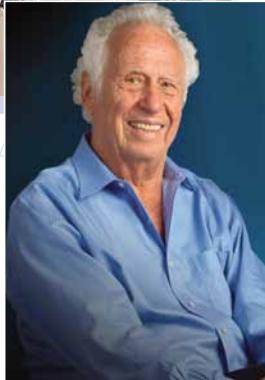
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BETTER Your Home, BETTER Your School is an AFW-exclusive initiative that gives money back to schools all year round. When a participating school community shops at AFW, the company donates a percentage of the subtotal back to that school.



Under the direction of President and CEO Jake Jabs, American Furniture Warehouse (AFW) has been actively involved with our community for more than 40 years. We're proud to support a variety of causes in Colorado, Arizona, and beyond, including education, youth, family, people in need, our environment, veterans, and agriculture. We give to hundreds of different non-profits, service organizations, K-12 schools, technical schools, and colleges on a regular basis.

Student Tours

AFW offers tours of our corporate location to thousands of high school and college students each year to teach them how a business like AFW operates.

Junior Achievement Finance Park

Since 2013, AFW has housed JA Finance Park in our Thornton, Colorado location, which helps students build a foundation for making intelligent personal financial decisions.

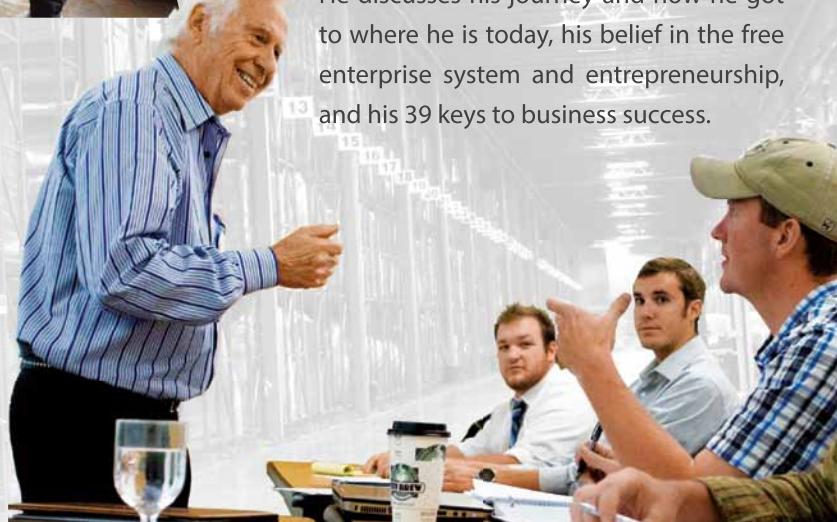
Speaking at Schools

Jake gives many talks to students at a number of high schools and colleges. He discusses his journey and how he got to where he is today, his belief in the free enterprise system and entrepreneurship, and his 39 keys to business success.



University of Colorado Denver Business School

In 2013, Jake gifted The Jake Jabs Center for Entrepreneurship (JJCE) at the University of Colorado Denver Business School with \$10 million to help the school expand its entrepreneurship education and research. The JJCE is focused on cross-disciplinary, entrepreneurial concept development as well as graduate and undergraduate entrepreneurial training.



Enhance Your Home with These Basic Design Principles

Rachel Sellers, Content Writer, American Furniture Warehouse

Whether you enjoy a clean minimalist look or adore the more-is-more maximalist aesthetic, the same underlying design principles determine whether or not a room's design ultimately works. Whatever your preferred style, harnessing the power of these basic principles will help you create a well-designed space that reflects you.

Balance

Balance deals with the idea that objects have a visual weight, and that the visual weight should be distributed evenly throughout a room to create a feeling of equilibrium. The size, color, and texture of an object dictate its visual weight: a small, pale, smooth object has less visual weight than a large, textured object that is dark or brightly colored. Balancing the visual weight of the objects in a space is important because a balanced room has a calm, pleasing feel.



One simple way to achieve equilibrium is through symmetry, mirroring objects on either side of an imaginary central axis. This is very easy to achieve and gives a space a more traditional or formal look. In this space we created symmetry by aligning the wall art, accent table, abstract sculpture, and rug along a central axis while mirroring the chairs, accent pillows, and candles across the axis.

Rhythm

Rhythm is the creation of a pattern through repetition and contrast of elements like shape, color, texture, or material in a regular way throughout a space. It helps to create visual interest, lead the eye around a room, and produce a feeling of continuity. In this room, we repeated the blue from the rug in the navy accent pillows and the blue mountains in the wall art so that the eye travels from the rug to the sectional then to the wall art.



Harmony and Unity

Harmony is the idea that the different elements in a room should coordinate with each other, while unity is the idea that everything should work together to create a cohesive whole. Together, these two principles dictate whether or not pieces in a space look intentionally chosen. You can create unity in a space by repeating colors, materials, shapes, and textures throughout.

In this room, we used the contemporary, geometric look of the white windows and the grey brick walls as inspiration for the space. We started with a black sectional with a geometric silhouette, then incorporated a contemporary geometric cocktail table and a mid-century wooden console to echo the rectangular silhouette throughout the room.

Emphasis and Focus

Emphasis and focus deal with the idea that objects in a space should have a hierarchy of visual importance based on how much they draw the eye. The most visually important thing or area in a space is called a focal point, and a focal point is necessary to keep a space from feeling boring and thrown together. Most rooms have a built-in architectural focal point, like a fireplace or window with a great view; if a room doesn't have an architectural focal point, you can create one with artwork, a statement piece, or by grouping furniture together. Whatever your focal point, the furniture in a room should be arranged around it to emphasize its visual importance. In this space, we created a focal point by choosing a light-colored sofa and artwork that contrast with the dark furniture in the room to draw the eye.

Any well-designed space combines the same basic design principles. Regardless of your preferred design style, employing the principles of balance, rhythm, harmony and unity, and emphasis and focus in your home will enable you to create a space that looks great.



Organizationally challenged?



Now's the time to bring order to your home – and your life

Anyone who has ever moved into a new home knows the giddiness of starting fresh and getting the opportunity to finally get organized!

But all too often, we rush to unpack and then spend weeks, months, if not years, trying to organize and re-organize our stuff.

Don't let this happen to you. Take the time to create a game plan and then follow through. Have a designated place for every item you own BEFORE you unpack one box.

Get started

Hopefully, you already purged unused, broken or unneeded items BEFORE you moved. This not only saves time, money and precious space, it allows you to move into your new home without additional clutter.

Beginning with the kitchen — lay out a plan to store items closest to the area you will use them.

- Place cookware adjacent to the stove while glassware and dishes should be stored near the sink and dishwasher.
- Keep sandwich bags, foil, plastic wrap and parchment paper in one drawer for quick access to pack lunches or wrap up leftovers.

- Use risers or lazy-susans to display spices, canned goods and other pantry items in cupboards to avoid things getting lost in the back.
- Consider a grocery inventory list on the fridge or inside a cupboard to avoid duplicate items.
- If you love to bake, create a special area to house all your baking dishes, mixers, rolling pin, flour, sugar, etc. in one place.
- For fine china and crystal that is not used daily, pack carefully and store elsewhere, such as the basement, garage or a buffet so it doesn't take up precious real estate in your kitchen.

In living areas, seek out furniture that not only is beautiful but functional to help with your storage needs. For example, a trunk that can be filled with blankets and extra pillows can make a great cocktail table. Built-ins can artfully display sentimental items, framed photos, books and plants.

Keep bathrooms clutter-free for easy clean-up. Install medicine cabinets and make full use of cabinetry to store essentials. Stock each bathroom with a mini cleaning kit: surface, glass and toilet bowl cleaners, sponges, paper towels, etc. Stowed in a handled bucket under the sink, this portable kit will make keeping up with daily and weekly cleaning a snap.

Avoid turning your entryway into a dumping ground by installing hooks for coats and backpacks, put out a basket or

boot tray for footwear and have a small table with a beautiful bowl or soap dish to keep keys from getting lost. A nearby wastebasket catches junk mail.

A closet case

One of the most important spaces to organize is in your closets.

- Store outerwear, umbrellas, hats, gloves, scarves in your hallway closet. Don't overstuff it so you have room for visitor's belongings when entertaining. Install hooks inside the door for a tote that you can fill with items going to the dry cleaner. When it's full, just take the tote to your car.
- In your bedroom closets, sort like items together and organize by color BEFORE hanging anything. Use the same hangers — wooden, padded or those velvet-covered slimline ones — for a beautifully cohesive look.
- Keep frequently used items at eye-level.
- No shoe shelves? Store footwear in clear boxes or tape a photo to the outside of each shoebox to save time looking for just the right pair of heels or loafers.
- Optimize your linen closets by storing same-sized sheet sets together in their matching pillowcases. Use tote-able baskets or canvas cubes to store extra tablecloths, napkins and placemats. Another option is hanging cleaned and pressed tablecloths on a skirt or pant hanger in your closet.
- If you have extra closets, store out-of-season clothes there or in long plastic bins under the bed. A well outfitted closet should include shelving, hanging space with varying heights, drawers and/or open storage bins. If your closet falls short, consider investing in a closet organizing system.

So now that you are completely organized, you need to stay that way. Make a habit of putting things away when you're done using them. Each night spend just 10-15 minutes before bed straightening things up, wiping down countertops and returning misplaced items to their rightful home.

Waking up each morning to a clean, orderly home will set a positive tone for the day ahead.

Making One Room into Two – With a Murphy Bed

Downsizing or moving into a new home with a growing family? Have an Airbnb where you need additional, more comfortable beds? A Murphy Bed is a great solution to all of these space challenges. By disappearing into the wall when guests aren't there, it's giving you the office or craft room that you need while still keeping your guests happy with a real bed.

The original Murphy Bed was invented by William Murphy in the early 1900's to solve the need to hide his bed while entertaining in his tiny one room apartment in San Francisco. The Murphy, or Wall Bed, as it is also called, has come a long way since then, with the range of materials and accompanying furniture limited only by your space itself.

WHAT DOES A MURPHY BED LOOK LIKE?

"Although the web is a good place to start, a Murphy Bed is such a visual product that it needs to be seen to understand all the options that are available. That's why we built our 2-story showroom which contains over 30 displays," says Steve Beckmann, the owner of Smart Spaces. Now in its 15th

"Although the web is a good place to start, a Murphy Bed is such a visual product that it needs to be seen to understand all the options that are available."

year, Smart Spaces is unique in that its main focus is on the Murphy Bed with its accompanying furniture such as offices, closets and entertainment centers. Steve estimates that they have designed and built over 4000 beds, ranging from the simple side bed for a basement to cabinetry containing everything from wine bars to secret rooms.

"It generally takes people two or three visits to truly decide what will best work for their space. Our designers have excellent software that help the customer envision how their room can be used. Everything is custom built, and designs can often take weeks to complete with the designers coming out to measure and offer suggestions to modify the plans."

HOW BIG DOES MY SMALL ROOM HAVE TO BE?

The size of the bed depends on the height of the wall where the Murphy

bed would go. Generally, 90" is needed for a queen and king size bed, while full and twin sizes require 85" in height. If the ceilings are lower, then a side Murphy Bed works equally well and is often used in basements and in narrow rooms where the width is an issue.

Once color, material, mattress and handles are decided, the order goes into production which takes place onsite at the store. (Ask the owners for a peek downstairs to see the beds being made!). The production and install teams are true craftsmen who have been with the company an average of 6 years. A new option available is the Cabinet Murphy Bed, a bed which does not require a wall at all and can be picked up and taken home the same day.

After your bed has been installed, you will wonder why you haven't had one before. In today's world a Murphy Bed goes a long way to make the most of your space.

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Drab to Fab in 3 Easy Steps

Give your old things a new life without busting your budget

How exciting to move into your new home! But when your furniture and accessories are unpacked, it can sometimes feel like it is just the same old stuff in a brand new setting.

Unfortunately a move usually means money will be tight for awhile. So how do you freshen up your new space without breaking the bank?

Follow these three steps to breathe new life into your home, room by room:

STEP 1: Evaluate each space. When you live with items for a long time, it can be easy to overlook furniture that is in disrepair, tattered pillows or accessories that are just plain ugly or boring. Step back and give a more critical scan of the place – as if you are visiting someone else's home. Does your home's décor reflect your family's lifestyle? Is your furniture both functional and attractive? Are you still hanging on to hand-me-down furniture that you have been hauling around for the last 20 years? If something is way past its prime, throw it out or replace it with a new piece that better fits your style. Once you review what you have, edit your stuff. Do you display things that you don't really care for but were a gift or perhaps you feel obligated to put it out simply because it was expensive? You're in a new home and deserve a fresh start. Give yourself permission to only live with the things you love and use every day.

STEP 2: Create a “theme” that can unify your entire home. We're not talking animal prints or country roosters. A theme means finding a common element, such as a fabric, a bold accent color or general palette, which can be incorporated in each room that brings a fashionable cohesiveness to the space. Paint is the top choice for an instant and affordable update. Neutrals are the easiest choice for walls and offer the most flexibility, but they don't have to be boring. Instead of tan, select “greige” – a beautiful combination of beige and gray that provides a fresh and neutral backdrop for any style of furniture.

If you want to be up to date on the latest paint color trends, take advice from Ellen O'Neil, Director of Strategic Design Intelligence at Benjamin Moore. She recently announced Metropolitan AF-690 as the 2019 color of the year. “Comforting, composed and effortlessly sophisticated, this trendy gray with cool undertones, exudes beauty and balance,” she said. “It's a color in the neutral spectrum that references a contemplative state of mind and design. Not arresting nor aggressive, this understated yet glamorous gray creates a soothing, impactful common ground.”

STEP 3: Go for it! Starting with the space your family uses most, paint the whole room or consider adding a new hue to just the ceiling. With a fresh backdrop, start experimenting with furniture placement. Moving sofas and chairs away from the walls creates a more intimate setting for conversation and visually makes a room appear larger. Switch things up – how about swapping the living room loveseat with a family room reading chair in your new home? You will be amazed how much difference simply moving your old things around the house makes.

**Simple changes =
Big impact**

• If you don't want to commit to painting an entire room, try just one spectacular wall in a rich, fabulous color like dark chocolate, eggplant, bronze or dark orange.

• Update your lighting, including adding dimmers wherever possible. CFLs are environmentally-friendly and great options to save energy and money.

• Declutter, declutter, declutter.

• A fabulous new area rug in the living or dining room can add a shot of energy.

• Pay special attention to your entryway – as that is the first impression people will get of your space. Make it warm and inviting.

• Consider slipcovers for an immediate new twist on old furniture.

• Fresh flowers are always an instant pick-me-up.

Custom Closets – What to Look for, and Where

Mark Lestikow, president of The Closet Factory in Denver encourages new movers to use this as an opportunity to change bad habits and get organized right from the start. “Moving into a new home with newly organized closets adds to the pleasure of a happy experience. I would definitely encourage new movers to organize their closets now, to facilitate settling into their new environment and avoid dissatisfactions that may arise from the honey this doesn’t fit syndrome.”

The following five questions should help you identify the closet, and the closet company right for you.

1. Are there different types of closet systems, or are they all pretty similar? There are two main types of closet units. One is called a wall-hung system, and the other a floor-based system. Ask the closet companies you interview the difference between the two, and which would be most appropriate for your individual needs and expectations.

2. Custom manufactured vs. prebuilt systems? Although most closet companies say they are custom, few truly are. A custom closet, as you would expect, is high in quality, offers more efficient space utilization and often is the best value for your investment.

3. Will I have the opportunity to work with a design consultant or see a showroom with examples of product? Having a trained professional designer come to your home is a nice option because they can take your exact measurements and prepare a personalized design that fits your specific needs.

4. What about installation? It is important to distinguish if the installers are employees or independent contractors. There can be a tremendous difference in the final result if a trained employee installs your custom closet versus an untrained independent.

5. How do I pick the right company?

The company you choose to install your custom closet is your key decision. All custom closet companies are not the same. Evaluate how you were treated from the first time you called. Were you able to speak with a knowledgeable person immediately, or at least receive a prompt returned call to your inquiry?

Be sure to get a written guarantee, preferably one that will be in effect as long as you live in the house.

Ask to see a customer list. Call some people on this list. If a company doesn’t do good work, people will not likely recommend them. Enjoy your new home and your closets!

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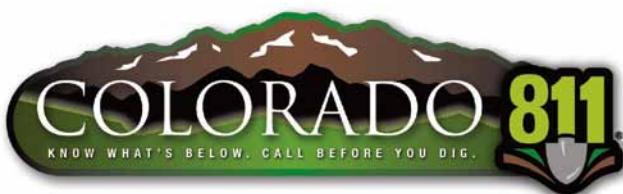
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Prevent a Trip to the ER with These Playground Safety Tips

By Laurel J. Benson, MD



Please, can we go to the park?" Parents often hear that refrain. We love it when they leave the video games behind to play outdoors. They run hard, swing high, and fall down only to yell, "I'm OK!" What happens when they don't jump right back up?

More than 200,000 children ages 14 and younger visit the ER for playground-related injuries in the U.S. each year, according to the Centers for Disease Control and Prevention (CDC). More than 50 percent of these playground-related injuries treated in emergency rooms are fractures, contusions or abrasions.

The National Safety Council reports that nearly 80 percent of playground injuries are caused by falls. At the playground, it is almost impossible to prevent a fall, even if you watch closely. Still, there are some steps you can take to prevent injuries on the playground:

1. Scan the playground for potential hazards before playtime begins — The CDC reports that well-maintained playgrounds have fewer risks to children. Check for old, rusty or broken equipment and also look out for sharp points and edges.

2. Spot the ground — According to the National Safety Council, surfaces surrounding playground equipment should have at least 12 inches of wood chips, mulch, sand or pea gravel, or mats made of safety-tested rubber or rubber-like materials — never rocks or concrete.

3. Know when your kid is most at risk — Children ages 5 to 9 have higher rates of ER visits for playground-related injuries, most of which happen at school. Teach your child how to play safely on playground equipment even when you're not there to supervise.

4. Be the voice of reason — After a long day, know that your child's strength and reflexes are not at their max. Sometimes "just one more time" is a recipe for injury.

Despite a parent's best efforts, playground injuries still happen. If a child has suffered a sprain, strain, broken bone or other common playground-related injury like a concussion, call your doctor or visit the ER immediately. Children who suffer a complex fracture or broken bone need to see a specialist to ensure a full recovery. As a pediatric orthopedic surgeon, the most rewarding parts of my practice are alleviating parents' fears and getting kids back to play.

About Laurel J. Benson, MD

Dr. Benson is a pediatric orthopedic surgeon at Rocky Mountain Pediatric OrthoONE. Dr. Benson specializes in treating pediatric injuries, pediatric fractures, pediatric hand surgery and pediatric trauma.



One Common Heart Condition Many Don't Know About

By Jason Huang, MD



There is a common heart condition that many people haven't even heard about. Atrial fibrillation, often called AFib, is the most common type of cardiac arrhythmia (irregular heartbeat), that often goes untreated.

An estimated 2.7 to 6.1 million people in the U.S. deal with AFib. An AFib diagnosis means that rapid, chaotic electrical signals are passing through the heart, often leading to poor blood flow within the atria (top chambers of the heart). If left untreated, AFib can increase a person's chances of stroke or congestive heart failure.

Key facts to know about AFib:

- AFib can be classified under different categories, whether it be paroxysmal, persistent, or permanent. Symptoms of AFib include an irregular pulse, shortness of breath, fatigue, heart palpitations, lightheadedness or experiencing chest pain or pressure.

- Older adults are at higher risk — While AFib in children is rare, the number of adults that develop AFib increases with age. Some health conditions that increase a person's risk for AFib include high blood pressure, underlying heart disease, excessive alcohol use, obesity and sleep apnea.

- AFib must be taken seriously — The American Heart Association reports that only 33 percent of those dealing with a cardiac arrhythmia believe that AFib is a serious health condition. Furthermore, less than half of AFib patients think they

have an increased risk for stroke, heart-related hospitalizations or dying.

There are multiple treatment options for AFib. In some cases, patients with AFib might be prescribed an antiarrhythmic medication. Patients with recurrent, symptomatic AFib may need to undergo surgery via catheter ablation. The Rocky Mountain Heart Rhythm Institute (RMHRI) is at the forefront of treating AFib. Comprised of an expert team of cardiothoracic surgeons and electrophysiologists, RMHRI is a leader in offering the latest in minimally invasive procedures to treat AFib. RMHRI is the only heart clinic in Colorado to offer the Convergent Procedure, an alternative approach to treating persistent AFib.

It's possible to have AFib and not know it. With certain risk factors, AFib can significantly increase the risk of stroke. Even if you aren't experiencing any symptoms, it's important to talk to a doctor about your heart health and options for stroke risk management.

About Jason Huang, MD

Dr. Huang is a cardiac electrophysiologist at Denver Heart at Rose Medical Center. Dr. Huang specializes in cardiovascular disease, including heart conditions like atrial fibrillation.



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Moving with Children

Once the boxes are unpacked, the next step is to help your kids settle into their new neighborhood.

Here are a few tips that should help ease the transition.

Search for evidence of kids living on your street and in your neighborhood

Look for signs that kids live in a house—swing sets, bikes and other toys. Neighbors can be helpful as well, telling you which houses have children living there.

Spend time in a local park

Neighborhood parks are an ideal place to meet not only other kids, but other parents as well. There may even a park inside your neighborhood where you can spend hours of time outside meeting new friends and learning about your new neighborhood. Get outside and good things will happen!

Host a party for kids

You can invite kids from the neighborhood and from the playground. Invite the parents to come so you can also meet new people, and deliver the party invites in person with your child door to door. If you keep it simple, it's a great way for you and your child to get to know the area.

Join the neighborhood community center

Most recreation centers and community centers have classes for kids, including recreational programs, sports teams, family swim times and more. Be sure to join along with your child and speak to staff members to see what other opportunities exist in your neighborhood.



Visit the library

We often forget that the local library is a wonderful place to meet other parents and children. Staff here can provide great information on what's going on in the neighborhood and can suggest family-friendly activities in your new neighborhood. Spending time in the children's section of the library and checking out books is a fantastic way to let your children interact with others.

Spend time outside

Sometimes all you need to do to meet the neighbors is to spend time in your front yard. Go for a walk, a bike ride or just hang out on your front porch.

If you do these things we've suggested, you are sure to be discovered by neighborhood kids and families and your child will feel happy and settled into their new home and neighborhood before you know it.



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NEWCOMER AND COMMUNITY INFORMATION



Welcome to your new home in the Denver metropolitan area. The following information should be helpful whether you are a newcomer or simply moving within the area. Keep this reference guide in a handy place so you can refer to it often.

The advertisers in this magazine all supply products and services that you may need soon after moving. Many even provide coupons and special offers. If you'd like to request more

information from any of our advertisers, please refer to the Free Information Card that is located on page 25 of the magazine.

Colorado.gov

Visit this fact-filled official Colorado web site for any detailed information you may need regarding Colorado laws, drivers licenses, employment, education and much more.

USA.gov

Log on to the official gateway to all government information. As the U.S. government's official web portal, USA.gov makes it easy for the public to get U.S. government information and services on the web.

Ten Digit Dialing

As a newcomer, you need to be aware that Colorado has ten-digit local dialing. It's really very easy. Just remember to dial the area code before the seven-digit local number. Dialing "1" before the ten digits is only needed when placing a long distance call. Keeping this in mind could prevent you from seeing unnecessary long-distance charges on your telephone bill. Remember, too, that you shouldn't dial a "0" when placing a ten-digit local call. Doing so will only route your call directly to a telephone operator.

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Motor Vehicle Laws

Drivers licenses must be transferred within 30 days and vehicles must be registered within 90 days after becoming a Colorado resident. For motor vehicle and driver license purposes, you are considered a resident if you own or operate a business in Colorado, are gainfully employed in Colorado, or reside in Colorado for 90 consecutive days.

Out of state students are not required to obtain Colorado license plates or a Colorado driver license if they have valid plates and a valid license from their home state. Active duty U.S. military personnel and their spouses are also not required to obtain a Colorado driver license if they have a valid license from another state.

A newcomer to Colorado must obtain a Colorado driver license within 30 days after establishing residency. In most cases, if your present license is valid, you will only need to pass a written examination and eye test. For more information call 303-205-5600 or visit colorado.gov/dmv.

Auto Emissions Inspections

Emission testing is required when registering or selling vehicles in the counties of Denver, Boulder, Broomfield, Jefferson, Douglas and partial areas of Adams and Arapahoe counties. Testing can be done at any one of Envirotest's 14 convenient locations, or ask about Rapidscreen Roadside Emissions Testing. For more information on station locations, maps and directions, testing requirements and procedures, company information and job opportunities, visit them on the web at aircarecolorado.com or call the Air Care Colorado Hotline 303-456-7090 (See ad and article page 29.)

For further questions call the Department of Revenue Emissions at 303-205-5603.

Automobile Registration

To obtain your registration you must register your car in the county where you live and you must bring the following items:

- 1) A valid emissions test and a form DR2087 showing verification of your vehicle I.D. number. Both of these are available from an Emissions Inspection Station.
- 2) Vehicle title and registration.
- 3) Proof of insurance, which must include the year, make, and vehicle identification number (VIN) of the vehicle. Also, be sure to include the policy effective date.

A Colorado State vehicle inspection is required on all vehicles purchased with an out-of-state title. Fees may be paid by check, cash or money order.

You can contact your particular county for further information. Operating hours may vary. Check with each office for details.

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- ◆ Keep out wildlife
- ◆ Keep wells clean
- ◆ Supports a minimum of 450 lbs.



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\$35 off each cover with 3 or more purchased

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\$15 off a single cover

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NEWCOMER AND COMMUNITY INFORMATION

Driver's License

Residents can apply for a Colorado driver's license by completing the following requirements:

- 1) Pass all required exams, which may include written, vision and road skills.
- 2) Submit previous license, permit, birth certificate or other document that shows proof of identity and current age.
- 3) Reside at a Colorado residence address and provide proof of legal presence.
- 4) Have your photograph and fingerprints taken.
- 5) Pay the required fee.
- 6) Driver's license available at any one of the following offices in the metro area:
Boulder.....303-442-3006
Castle Rock.....303-660-7400
Denver-SW.....303-937-9507
Denver-NE.....303-373-0161
Evergreen.....720-497-1182
Lakewood.....303-205-5609
Littleton.....303-795-5954
Northglenn.....720-929-8636
Parker.....303-627-0985

For further assistance regarding driver's license information visit colorado.gov

Automobile Insurance

Under Colorado's tort system you are only required to buy liability coverage to pay for medical bills and property damage that you cause when you are at fault in an accident. You may also choose to buy additional medical coverage to help pay for your own injuries. For more information contact RMIIA.....1-800-355-9524

Road Conditions

For updated road conditions throughout Colorado, call the Road and Weather Information Hotline from the Colorado Department of Transportation (CDOT)5-1-1

Auto Clubs

AAA Auto Club-Colorado.....303-753-8800

Transportation

Colorado Department of Transportation (CDOT) administers a variety of state and federal programs to complete projects that enhance our comprehensive transportation network. For a complete list and description of programs now in full force, visit www.coloradodot.info/programs.

Denver International Airport

Ground Transportation303-342-4059
Lost and Found303-342-4062
RTD's Skyride303-299-6000
SuperShuttle800-BLUE-VAN

Taxi Service

Metro Taxi303-333-3333
Yellow Cab303-777-7777

Train Service

Amtrak - Union Station Info.....303-592-6712

Bus Service

The bus service is provided by Regional Transport District (RTD).303-299-6000

Provides local, express and regional bus and light rail service throughout the metropolitan area. Also includes Park-n-Ride locations and offers special services such as Skyride bus service

to Denver International Airport (DIA), Broncos-Ride and RockiesRide.

Commuting Options

A program of The Denver Regional Council of Governments, My Way to Go offers reliable, easy, environmentally-friendly, no-nonsense commuting options to Denver area commuters. They can help you find a carpool, vanpool, transit route, or best paths for biking or walking. Visit their website at www.mywaytogo.org. For more information and free personal assistance, call 303-458-7665 or send an e-mail to: waytogo@drcog.org.

Bicycles:

Denver B-cycle and Boulder B-cycle offer over 100 bike stations for you to simply hop on a bike and go!

- **Denver residents:** Call for more information at 303-825-3325 or go to DenverBcycle.com.
- **Boulder residents:** Call for more information at 303-532-4412 or go to BoulderBcycle.com.

Voter Registration

- Voters who move from one county to another in Colorado must re-register to vote in the new county.
- Voters who move within the county must complete a change of address at least 29 days prior to an election.
- Residents can register to vote or change an address at any Driver's License office, City Clerk's office or Motor Vehicle office.

Adams County720-523-6500
Arapahoe County303-795-4511
Denver County720-865-8683



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Just fill out the card located on page 25 of this Fall edition of Welcome Home.

On December 15, 2019, we will hold a drawing and select one lucky winner to receive a \$250 Gift Card from American Furniture Warehouse!

For complete details, visit www.welcomehomemag.com or send a self-addressed envelope to Publisher/Welcome Home Magazine of Denver, 79 Spyglass Drive, Littleton, CO 80123.

Douglas County 303-660-7444
Jefferson County 303-271-8111

Pet Licenses

Dogs and cats living in most of the Denver metro area must be licensed annually and vaccinated against rabies. They must be vaccinated within 30 days, or have been vaccinated within the past 12 months. Most communities have strict leash laws. For more information, call the Animal Control offices in your county.

Adams County	303-288-3294
Arapahoe County	720-874-6750
Boulder County	303-441-3626
Broomfield County	303-438-6400
Denver County	303-698-0076
Douglas County.....	303-660-7529
Jefferson County.....	303-271-5070



Emergency Numbers

In most areas 9-1-1 will access emergency ambulance, fire or police. Please verify that this is indeed true for your county, as there are some exceptions.

County Sheriffs

Adams County	303-654-1850
Arapahoe County.....	303-795-4711
Boulder County	303-441-4444
Denver Police.....	720-913-2000
Douglas County	303-660-7505
Jefferson County	303-277-0211
Rocky Mountain Poison Center and Drug Center	303-739-1123
Xcel Energy Electric Outage	1-800-895-1999
Xcel Energy Gas Emergency	1-800-895-2999

Utilities

Gas & Electric: Xcel Energy
24-Hour Emergency

Xcel Energy Electric Outage..1-800-895-1999
Xcel Energy Gas Emergency..1-800-895-2999

Residential

24-Hour Customer Service and Billing.....	1-800-895-4999
HomeSmart from Xcel Energy Appliance Repair & Replacement.....	1-866-837-9762

NEWCOMER AND COMMUNITY INFORMATION

Business Solutions Centers –
Customer Service & Billing...1-800-481-4700
Other
Call Before You Dig/Utility Notification
Center of Colorado1-800-232-1991
Web site.....co811.org

Telephone
CenturyLink800-603-6000
centurylink.com

Water: The Denver Water Department is the major supplier for the Denver metro area, although there are some exceptions depending upon where you live. For further information on billing and service in your area, contact the Denver Water Customer Service Department.

Customer Care303-893-2444
After Hours Emergencies303-628-6801

U.S. Postal Service

Postal Answer Line1-800-275-8777
www.usps.com

Libraries

Arapahoe303-542-7279
Aurora303-739-6600
Brighton303-405-3230
Boulder303-441-3100
Denver Public Library, Main720-865-1111
Douglas County303-791-7323
Englewood303-762-2560
Jefferson County303-235-5275

Credit Unions

Westerra Credit Union303-321-4209

Free Consumer Guide Smart Energy Living

Learn how to reduce energy consumption, save money and improve Colorado's environment with energy-efficient home improvements from The Colorado Energy Science Center (CESC). To learn more visit energyscience.org

Trash Removal

For customer service questions regarding trash & recycling services in the city and county of Denver(720-913-1311)

Recycling Hotlines

Colorado Energy Office303-866-2100
Colorado Department of Public Health
and Environment (CDPHE)303-692-2000

Environmental Recycling Hotline: This national hotline provides information on where to recycle waste paper and boxes, glass, scrap metals, plastic, waste oil and tires. It has a database of state recycling programs which lets callers enter their zip code to find recyclers in their area. Visit earth911.com or call 1-800-253-2687

City of Denver 3-1-1 Call Center

Citizens in Denver can now call 3-1-1 as a free service to get answers regarding all city related business including reporting a pothole, purchasing a parking permit, starting a new business or getting a marriage license. Also visit www.denvergov.org.

Dial 2-1-1 For A Community Connection

Colorado 2-1-1 launched in metro Denver and surrounding communities in October 2003. It gives citizens one number to call when they need access to human services such as food bank locations, low cost healthcare for children as well as a direct link to non-emergency help for all kinds of community services. Visit 211colorado.communityos.org

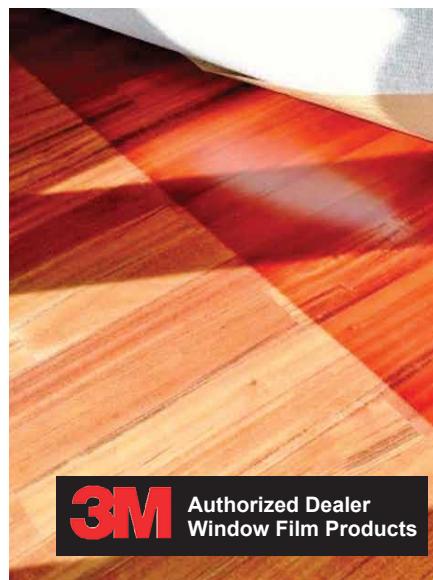
Denver/Boulder Better Business Bureau

The BBB is a membership-based nonprofit organization dedicated to promoting and fostering the highest ethical relationship between businesses and the public through voluntary self-regulation, consumer and business education and service excellence. The BBB offers free information to the community regarding local businesses and charities. Visit denver.bbb.org or telephone 303-758-2100

Chambers of Commerce

For helpful information on schools, cable service, cultural events, community activities, libraries and parks, call your county's Chamber of Commerce.

Arvada303-424-0313 arvadachamber.org
Aurora303-344-1500 aurorachamber.org
Boulder303-442-1044 boulderchamber.com
Denver303-534-8500 denverchamber.org
Golden303-279-3113 goldenchamber.org
South Metro Denver303-795-0142
(Englewood & Littleton) bestchamber.com



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WINDOW TINTING
www.scottishwindowtinting.com
303-662-8214

NEWCOMER AND COMMUNITY INFORMATION

West Metro.....303-233-5555 westchamber.org
Metro North303-288-1000 metronorthchamber.com

Volunteer Opportunities

Metro Volunteers303-282-1234 metrovolunteers.org
Boulder County Volunteer Connection.....303-444-4013 volunteer.unitedwayfoothills.org
CareConnect of Boulder County...303-443-1933 careconnectbc.org



Schools

Information on the school districts in the seven county Denver metro area may be obtained by contacting:

Colorado Department of Education.....
303-866-6600cde.state.co.us

Online Schools

No matter where you live in Colorado, you can enroll your child in an online school of your choice at no cost because it is a public school. For a complete listing of online schools in Colorado, cde.state.co.us/onlinelearning/schools.htm.

Senior Services

American Assn. of Retired Persons
Colorado State Office.....866-554-5376
aarp.org/states/co
DRCOG Area Agency on Aging303-455-1000
drcog.org
CareConnect of Boulder County...303-443-1933
careconnectbc.org
Innovage.....303-300-6906
myinnovage.org

Denver Metro Area Hospitals

Aurora - HealthONE - The Medical Center of Aurora303-695-2600
auroramed.com
Aurora - HealthONE - Spalding Rehabilitation Hospital303-367-1166
spaldingrehab.com
Boulder - Boulder Community Health303-440-2273
bch.org
Brighton - Platte Valley Medical Center303-659-5800
pvmc.org

Centennial - HealthONE - Centennial Medical Plaza303-699-3000
auroramed.com

Denver - Centura Health - Porter Adventist Hospital303-778-1955
porterhospital.org

Denver - Centura Health - St. Anthony Central Hospital720-321-0000
stanthonyhosp.org

Denver - Children's Hospital800-624-6553
childrenscolorado.org

Denver - HealthONE - Presbyterian/St. Luke's Medical Center303-839-6000
pslmc.com

Denver - HealthONE - Rocky Mountain Hospital for Children720-754-1000
rockymountainhospitalforchildren.com

Denver - HealthONE - Rose Medical Center303-320-2121
rosemed.com

Denver - Denver Health Medical Center303-436-4949
denverhealth.org

Denver - National Jewish877-225-5654
nationaljewish.org

Denver - St. Joseph Hospital303-812-2000
scilhealth.org

Denver - University of Colorado Hospital720-848-0000
uchealth.org

Denver - Veterans Affairs Medical Center303-399-8020
denver.va.gov

Englewood - HealthONE - Swedish Medical Center303-788-5000
swedishhospital.com

Lafayette - Good Samaritan Medical Center303-689-4000 sclhealth.org

Littleton - Centura Health - Littleton Adventist Hospital303-730-8900
mylittletonhospital.org

Lone Tree - HealthONE - Sky Ridge Medical Center720-225-1000
skyridgemedcenter.com

Longmont - Longmont United Hospital303-651-5111
luhcars.org

Louisville - Centura Health - Avista Adventist Hospital720-636-9237
avistahospital.org

Parker - Parker Adventist Hospital303-269-4000
parkerhospital.org

Thornton - HealthONE - North Suburban Medical Center303-451-7800
northsuburban.com

Westminster - Centura Health - St. Anthony North Hospital720-627-0000
stanthonynorth.org

Wheat Ridge - Lutheran Medical Center303-425-4500
sclhealth.org

Daily Newspapers

There are two daily newspapers in the Denver/Boulder metro area. To order a home subscription call:

The Denver Post303-832-3232
The Daily Camera303-442-1202

Call Before You Dig

Three working days before you begin any activity that requires digging or excavation, call Colorado 811 for location of underground utilities. This is a free service to you. Statewide 8-1-1

Landscaping Help

For help in finding a landscape contractor, visit the Associated Landscape Contractors of Colorado at alcc.com or call 303-757-5611. An ALCC landscape contractor can help improve your yard with design, planting, repairs, maintenance, water features, xeriscape, decks and patios, fencing, walls and sprinkler systems.



Shopping

Aspen Grove
Santa Fe & Mineral.....303-794-0640
Town Center at Aurora Mall
14200 E. Alameda303-344-9764
Belmar
464 S. Teller St.303-742-1520
Cherry Creek Shopping Center -
1st & University303-388-3900
Cherry Creek North - North of
Cherry Creek Mall303-394-2904
Colorado Mills - Colfax & Indiana
(near I-70)303-384-3000
Denver Pavilions - 16th Street Mall
between Tremont & Welton St. 303-260-6000
Flatiron Crossing - Boulder Turnpike & Storage
Tech/Interlocken Loop720-463-4000
Larimer Square
1400 Block of Larimer303-534-2367
Outlets at Castle Rock - South of
Denver on I-25 at Exit 184303-688-4495
Outlets at Loveland - North of
Denver on I-25 at Exit 257B....970-663-1916
Outlets at Silverthorne - West of
Denver on I-70 at Exit 205866-746-7686
Park Meadows Shopping Mall
C470 & I-25303-792-2533
Southwest Plaza
Bowles & Wadsworth303-973-5300
Tabor Center/16th Street Mall
16th Mall & Lawrence303-628-1000
Tamarac Square
7777 E. Hampden Ave.877-225-5337
The Shops at Northfield Stapleton
8340 Northfield Blvd.303-375-5475
The Streets at SouthGlenn
University & Arapahoe303-539-7141

Attractions & Entertainment

Buffalo Bill Memorial Museum &
Grave303-526-0744 buffalobill.org
Butterfly Pavilion and Insect Center
303-469-5441 butterflies.org
Children's Museum of Denver.....303-433-7444
mychildsmuseum.org
Colorado Sports Hall of Fame.....720-258-3888
coloradosports.org
Colorado State Capitol303-866-2604
colorado.gov/capitol

Best Times to Test

If you follow the tips offered below, you can significantly reduce the amount of time it will take to get a vehicle emissions inspection.

New residents of Colorado's Front Range may be aware that there is a vehicle emissions inspection requirement, but may not be aware that there are better times than others to get an emissions inspection.

Because the Air Care Colorado emissions inspection program is operated on a first-come-first-served basis, it can be difficult to predict how long it will take to get an inspection. However, if you follow the tips offered here, **you can significantly reduce the amount of time it will take to get an inspection.**

Vehicles eight model years and older require an emissions inspection every other year, and vehicles model year 1981 and older require an inspection every year. Vehicles that are less than eight years old are exempt from inspection.

Before a vehicle can be registered in Adams, Arapahoe, Broomfield, Boulder, Denver, Douglas, Jefferson, Larimer and

most of Weld counties, they must first get an emissions inspection and usually a Vehicle Identification Number (VIN) inspection.

Motorists can also find up-to-the-minute information, regarding inspection station wait times and

If you want to avoid waiting at an emissions inspection station:

ALWAYS AVOID...

- the LAST MONDAY of the month
- the LAST DAY of the month
- any DAY AFTER a HOLIDAY

BEST TIMES...

- middle two weeks of the month
- Saturdays

To ensure a quick and easy inspection motorists are also encouraged to ensure that their vehicles are well maintained. This includes regular oil and filter changes, having properly inflated tires and functioning gas caps. If the 'check engine' light is lit, vehicles less than 12 years old will fail the inspection, and if the battery has been recently replaced or disconnected, the vehicle may not be 'ready' for an inspection. This simply means that the vehicle must be driven for a few days to complete one or two drive cycles to reset the On Board Diagnostics (OBD) computer before it can be tested. Find more information at www.aircarecolorado.com.

Air Care stations are open:
8 a.m. to 5:30 p.m. weekdays
8 a.m. to noon on Saturdays

Stations are closed Sundays and all state holidays.

Need an emissions test? Visit one of Envirotest's 14 convenient testing locations throughout the Denver-Boulder metro area.

STATION LOCATIONS

★ Arvada	5185 N. Marshall Street	★ Denver Southeast	10190 E. Warren Avenue
★ Aurora	12042 E. 30th Avenue	★ Golden	15335 W. 44th Avenue
★ Boulder	5655 Airport Boulevard	★ Ken Caryl	10727 Centennial Road
★ Broomfield	11609 Teller Street	★ Longmont	4040 Rogers Road
★ Castle Rock	541 Topeka Way	★ Northglenn	1950 E. 112th Avenue
★ County Line	8494 S. Colorado	★ Parker	10199 Park Glenn Way
★ Denver Central	2300 S. Lipan Street	★ Sheridan	2802 W. Mansfield Avenue

FOR MORE INFORMATION ON STATION LOCATIONS, DIRECTIONS, WAIT TIMES AND RAPIDSCREEN ROADSIDE EMISSIONS TESTING, CALL THE



AIR CARE COLORADO HOTLINE
303-456-7090



www.aircarecolorado.com

NEWCOMER AND COMMUNITY INFORMATION

Coors Brewing Company Tours	303-277-2337 coors.com
Denver Art Museum	720-865-5000 denverartmuseum.org
Denver Botanic Gardens	720-865-3500 botanicgardens.org
Denver Coliseum Box Office	720-865-2475 denvercoliseum.com
Denver Firefighters Museum	303-892-1436 denverfirefightersmuseum.org
Denver Museum of Nature & Science	303-370-6000 dmns.org
Denver Zoo	720-337-1400 denverzoo.org
Downtown Aquarium	303-561-4450 aquariumrestaurants.com
Fiddler's Green Amphitheater	303-220-7000
Four Mile Historic Park	720-865-0800 fourmilepark.org
Gates Planetarium	303-370-6000 dmns.org
History Colorado Center	303-866-3682 historycoloradocenter.org
IMAX Theatre	303-370-6000 dmns.org
Lakeside Amusement Park	303-477-1621 lakesideamusementpark.com
Littleton Historical Museum	303-795-3950 littletongov.org/museum
Molly Brown Museum	303-832-4092 mollybrown.org
National Western Stock Show	303-296-6977 nationalwestern.com
Red Rocks Amphitheater	720-865-2494 redrocksonline.com
Six Flags Elitch Gardens	303-595-4386 elitchgardens.com
Tiny Town Railroad	303-697-6829 tinytownrailroad.com
U.S. Mint	800-872-6488 usmint.gov
WaterWorld	303-427-7873 waterworldcolorado.com

Denver Performing Arts Complex 303-893-4100
denvercenter.org
Museum of Contemporary Art..... 303-298-7554
mcadenver.org
Opera Colorado 303-778-1500 operacolorado.org

Sports in Denver

For season tickets or information on the following teams and sporting attractions call:

Bandimere Speedway.....	303-697-6001	
Denver Broncos NFL Football	303-649-9000	
Colorado Avalanche.....	303-405-1100	
NHL Hockey		
Denver Nuggets.....	303-405-1100	
NBA Basketball		
Colorado Rockies	303-762-5437	
Major League Baseball		
The Colorado Rapids	303-825-4625	
Major League Soccer		
Colorado Mammoth	303-405-1101	
Major League Lacrosse		
Colorado Mountain Club.....	303-279-3080	
Colorado Golf Association.....		303-366-4653
Colorado Ski Country USA.....	303-837-0793	
Colorado Tennis Association.....	303-695-4116	
University of Colorado Athletic	303-492-8337	

Ticket Office
University of Denver Athletic 303-871-2336
Ticket Office

Golf in Colorado

For a comprehensive online golf course directory go to:golflink.com

Tourism

To receive travel and tourism information for Colorado, call 1-800-COLORADO or visit colorado.com.

Dog Friendly Places in Colorado

Colorado residents love their dogs! Woofalong.com is Colorado's #1 resource for finding dog friendly businesses and activities. Find out which restaurants, breweries, shops, businesses, activities, hikes and trails are available for you and your dog.



Colorado Ski Resorts

Arapahoe Basin.....	888-272-7246
Aspen Highlands	800-525-6200
Aspen Mountain.....	800-525-6200
Buttermilk	800-525-6200
Copper Mountain.....	866-841-2481
Crested Butte	877-547-5143
Eldora	303-440-8700
Howelsen	970-879-8499
Loveland	303-571-5580
Monarch.....	719-530-5000
Powderhorn	970-268-5700
Purgatory	970-247-9000
Silverton.....	970-387-5706
Ski Cooper	800-707-6114
Ski Granby Ranch.....	888-850-4615
Snowmass	800-525-6200
Steamboat	970-879-6111
Sunlight.....	800-445-7931
Telluride.....	877-935-5021
Winter Park.....	970-726-5514
Wolf Creek	800-754-9653

Parks & Recreation Information

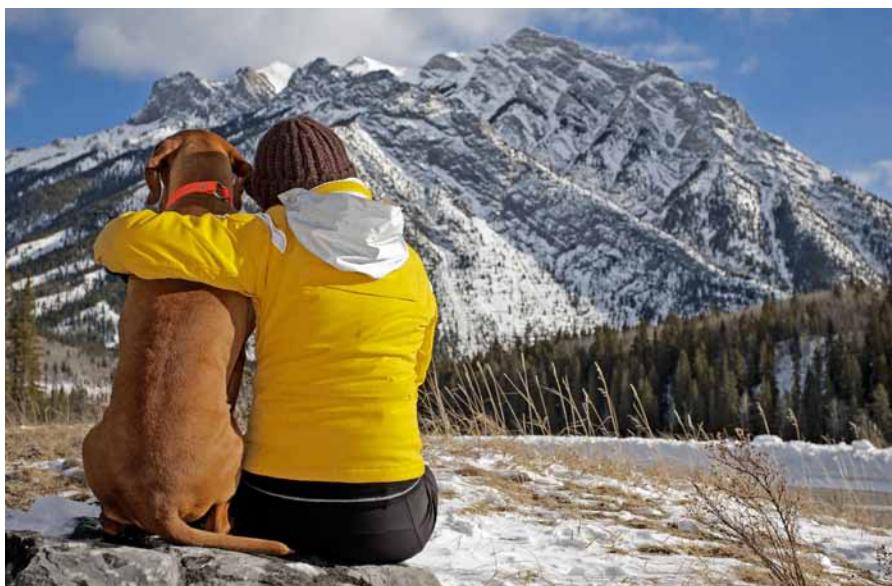
For information on Colorado Parks and Wildlife, please visit cpw.state.co.us. There are 41 parks in the state park system—nine in the Denver metro area. They offer fishing, hiking, boating, camping and a subscription offer to *Colorado Outdoors Magazine*.

National Park Service 303-969-2500
U.S. Forest Service 303-275-5350
Rocky Mountain Region

Hunting & Fishing Licenses

For information on residency requirements and license fees call the Colorado Parks and Wildlife at 303-297-1192 or visit cpw.state.co.us. Licenses can be purchased at any Colorado Parks and Wildlife office or at most sporting goods stores.

Hunting Info Hotline (24 hours) .. 303-291-7529
Fishing Info Hotline (24 hours)....303-291-7533



Eight Great Trips to Enjoy Fall Colors

Whether it's a spectacular walk under an umbrella of aspen trees at Sylvan Lake, or viewing brilliant shrubs and scrub oak at Roxborough, Colorado's state parks offer you the best way to experience fall in Colorado. Check the Park Finder at cpw.state.co.us for current conditions. Many state parks are located along some of the most scenic drives in Colorado, providing the perfect landscape for a weekend getaway to enjoy Colorado's fall splendor.

1. Autumn in the Canyons

Located near the Denver metro area, Golden Gate Canyon State Park and Eldorado Canyon State Park each provide a spectacular display of the annual fall gold rush. The two parks are about 30 miles apart, allowing fall-color fans to visit both parks in the same day.

2. The Forests of Northern Colorado

Experience the beauty of Colorado's timberland beginning just 75 miles west of Fort Collins. State Forest, Steamboat Lake and Pearl Lake state parks beckon visitors to take a weekend away from the city. Find fall in the forest amid quiet paths covered in pine needles.

3. Up the I-70 Corridor

During the fall months, the drive up the I-70 corridor from Denver to Glenwood Springs is an unparalleled trip through the heart of the Rockies. Golden aspens paint the landscape on your way to Sylvan Lake, Rifle Falls, Rifle Gap and Harvey Gap state parks.

4. Pikes Peak to River Country

Come see nature's canvas in the Pikes Peak region of Colorado. Golds, reds and oranges guide your tour from Colorado Springs to Buena Vista. Along the way, stop to enjoy the incredible views at Cheyenne Mountain State Park, Mueller State Park, Eleven Mile State Park and Arkansas Headwaters Recreation Area. Spend the afternoon meandering along the twists and turns of the mighty Arkansas River, as you discover Colorado's river country.

5. The Western Slope via the Vineyards

Pack up the car and spend a week on the road. Visit the Western Slope wine country this fall. Rush to the gold at the Colorado River State Park and Highline Lake State Park near Grand Junction. Then journey south to Ridgway State Park where you can experience the grandeur and ruggedness of the San Juan Mountains.

6. Fall in the Four Corners

Southwest Colorado brings a new and different flavor to fall-color viewing. Desert mountains, buttes and mesas are highlighted by pockets of colorful brilliance. Navajo and Mancos state parks, both built around reservoirs, offer a multitude of outdoor recreation opportunities for you. Escape the crowded cities and rejuvenate in historic southern Colorado.

7. Legendary Colors

Wind your way through the extreme southern portion of Colorado on the Highway of Legends. This

extraordinary drive ties together Trinidad Lake State Park and Lathrop State Park, with the Purgatoire Valley, the Culebra Range of the Sangre de Cristo Mountains and Cuchara Valley in between. Several 14,000-foot peaks and dozens of aspen groves are speckled throughout the drive. Make it a weekend seeing crisp fall colors and historic attractions in southern Colorado.

8. Grand Mesa Trip

Fall brings crimson splashes and splatters of saffron to the valleys and mountains of Grand Mesa. The mild climate encourages a variety of wildlife to wander in the dense forests of the area. Come explore Vega, Paonia and Crawford state parks while touring the fall colors of the Western Slope.

Colorado is home to 41 state parks, more than 310 state wildlife areas, 39,000 miles of trails and over 23 million acres of public lands to roam responsibly.

Our common ground

Colorado Parks & Wildlife

LIVE LIFE OUTSIDE

Colorado is home to 41 state parks, more than 310 state wildlife areas, 39,000 miles of trails and over 23 million acres of public lands to roam free.

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livelifeoutside.com



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Accent Chair \$268

Bennington Sofa with Accent Pillows \$338 (K-5043)

Loveseat \$298 | Accent Chair \$268 | Cocktail Ottoman \$158 | End Table \$168 (T500-726)

Area Rug \$269 (165-R09-81) | Lamp^ \$79 EA. (109-83901)

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S. UNIVERSITY (303) 795-0928 | **GRAND JUNCTION** (970) 208-1920 | **S.W. LAKWOOD** (303) 933-3975

AFW.com

